



PACKING LIST

Clothing & Shoes



- Neutral Coloured Shirts/T-shirts
 - Long Sleeve
 - Short Sleeve
- Neutral Coloured Shorts
- Pair of Long Pants
(more if you are traveling in winter)
- *Khaki (or neutral coloured) clothing for activities (walks & drives)**
- Sleeping Clothes
- Underwear & Socks
- Warm Jacket or Fleece
- Raincoat or Poncho
- Closed Walking Shoes
 - Hiking Boots
 - Veldskoen
- Flipflops / Slipslops
- Sandals
- Personal Toiletries
- Gaitors

Important Items



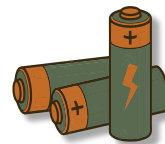
- Passport or ID Document
- Drivers License
- Credit Card & Cash
- Insurance Documents
- First Aid Certificate (copy) **Field Guide courses only**
- Powerbank
- Suncream
- Photocopies of your Passport / ID

Tools



- Headlamp
- Torch/Spotlight
- Beanie and Scarf (if winter)
- Backpack for activities
 - Specific for Trails Course
- Binoculars
- Insect Repellent
- Sleeping Bag (Not applicable to Makuleke)
- Pillow
- Swimming & Bath Towel
- Stationary
- Camera, Memory Card & Charger
- Phone, Charger & Earphones
- Sunglasses/Glasses

Extras



- Gel for minor or reoccurring muscle injuries
- Extra Batteries
- Rehydrate sachets
- Roll-up camping mattress
- Waterproof Bag
- Snacks / cigarettes – no shops nearby.
Include high energy snacks for walks i.e. protein bars, energy bars, nuts, boiled sweets etc.
- Coffee & Coffee Plunger
- Watch or Battery Operated Clock
- Musical Instrument
- Earphones

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Cash



South African camps - in ZAR Rands only.

Sufficient cash for the time you will be in camp if you intend to purchase from the camp shop.

The camps do not have easy access to the closest towns which have ATMs but the ATMs may not always work.

Cash to cover the Kruger National Park entrance fee for the Makuleke courses.

Botswana - in PULA only

Sufficient cash for the time you will be in camp if you intend to purchase from the camp shop. Our camp in Botswana is very remote with no access to ATM's.

Noise Policy

1. We do not allow the playing of any amplified music, movies, calls etc which can interfere with the ambience of the natural environment and disturb other individuals in the camp. You may use headphones. We do allow the playing of musical instruments.
2. Remember that the use of cell phones can impact on your fellow course participants' experience in the bush. We do not allow the use of cell phones during any activities (walking or vehicle) or where camps do have reception, during lecture times.
3. Use of electronic equipment for learning bird and/or frog calls is to be done with headphones as continual audible calls will have an unethical impact on the local birds and frogs.

Malaria



All our camps are situated in malaria areas.

We are not permitted by law to give advice regarding medical information.

However, learners should be aware that malaria occurs in the regions where our camps are situated.

A visit to your local doctor/GP will provide you with the best options in terms of medical precautions.

It is important that you use a good insect repellent.

Extra requirements



For those attending the FGASA Trails Guide course.

1. The focus is on walking so bring 6 litre capacity water bottles or bladder bags.
2. You need a good sized backpack for the walks as you will be carrying full first aid kits, water, snacks etc.



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