

Packing List



Clothing & Shoes

- Neutral Coloured Shirts/T-shirts
 - Long Sleeve
 - Short Sleeve
- Neutral Coloured Shorts
- Pair of Long Pants (More if traveling in winter)

*Khaki/neutral coloured clothing for activities, walks and drives)
- Sleeping Clothes
- Underwear and Socks
- Warm Jacket
- Beanie and Scarf (If traveling in winter)
- Raincoat or Poncho
- Closed Walking Shoes
 - Hiking Boots
 - Veldskoën
- Flipflops/Slipslops
- Sandals
- Personal Toiletries and Medications
- Ankle Gaitors



Tools

- Headlamp
- Torch/Spotlight
- Binoculars
- Insect Repellent
- Daypack for Daily Activities* (30/40L)
- Belt* (For ammunition slides)
- Backpack** (See extra requirements)
- Roll-up Camping Mattress**
- Sleeping Bag**
- Bath Towel
- Stationary
- Phone, Charger and Earphones
- Sunglasses/Glasses

**Important for *Trails Guide and **Sleepouts.
Sleepouts are offered on courses longer than 7 days.**



Important Items

- Passport or ID Document
- Photocopies of your Passport / ID
- Drivers License
- Personal First Aid
- Credit Card and Cash
- Insurance and Medical Documents
- Powerbank
- Universal/South African Adapter
- High SPF Sunscreen



Optional Extras

- Rehydrate Sachets
- Snacks - No Shops Nearby

Include high energy snacks i.E. protein bars, energy bars, boiled sweets etc.
- Coffee and Coffee Plunger
- Waterproof Bag
- Watch or Battery Operated Clock
- Camera, Memory Card and Charger
- Extra Batteries
- Earphones
- Musical Instrument

(If you play, it is not mandatory)

Additional Information

Cash

South African camps - in ZAR Rands only. Sufficient cash for the time you will be in camp if you intend to purchase from the camp shop. The camps do not have easy access to the closest towns which have ATMs but the ATMs may not always work.

Cash to cover the Kruger National Park entrance fee for the Makuleke courses.

***Botswana camps**

Sufficient cash for the time you will be in camp if you intend to purchase from the camp shop. Our camp in Botswana is very remote with no access to ATMs.

**This section only applies to students who are booked to attend a course in our Mashatu or other Botswana venues.*

Noise Policy

- 1** We do not allow the playing of any amplified music, movies, calls etc which can interfere with the ambience of the natural environment and disturb other individuals in the camp. You may use headphones. We do allow the playing of musical instruments.
- 2** Remember that the use of cell phones can impact on your fellow course participants' experience in the bush. We do not allow the use of cell phones during any activities (walks and drives) or where camps do have reception, during lecture times.
- 3** Use of electronic equipment for learning bird and, or frog calls is to be done with headphones as continual audible calls will have an unethical impact on the local birds and frogs.



Malaria

All our camps are situated in malaria areas. We are not permitted by law to give advice regarding medical information.

However, learners should be aware that malaria occurs in the region where our camps are situated. A visit to your local doctor / GP will provide you with the best options in terms of medical precautions. It is important that you use a good insect repellent.



Extra requirements

For those attending the FGASA Trails Guide course.

- 1** The focus is on walking therefore bring 6 litre capacity water bottles or bladder bags.
- 2** You need an appropriate size daypack (30/40L) for the day walks as you will be carrying full first aid kits, water and snacks etc. For the sleepouts a bigger backpack (50/60L) can be useful.